



NASHUA AMBULATORY SURGICAL CENTER

ADVANCE CARE DIRECTIVES POLICY

It is your right to participate in and plan for your healthcare needs. However, at some point you may become unable to make your own your healthcare decisions. NASC can provide you with a guide that assists you in creating your own personal Advance Care Directives, including Durable Power of Attorney and Living Will. This becomes a document that states your preferences about medical care. You do not need one to receive healthcare services from any provider.

Please note that this guide is not the same as NH statute RSA 137-J. You can obtain the statutory forms from NH Revised Statutes Annotated 137-J on the Foundation for Healthy Communities website at www.healthynh.com. The guide we can provide is very similar to the NH statutes but written in more understandable language.

All NASC patients are asked whether they have advanced care directives and, if so, to bring a copy with them on their date of surgery. If one cannot be produced and is desired by you, we will find and provide information about where it can be obtained. The Advanced Care Directive paperwork will become a permanent part of your medical record. Should any patient need to be transferred to a hospital, the recovery room nurse will be responsible for ensuring the hospital is apprised of where the paperwork may be located.

An Advanced Care Directive is not a DNR order (Do Not Resuscitate). NASC does not recognize DNR orders and all patients are asked to grant NASC permission, in the event of an emergency, to perform any procedures considered necessary at that time in order to protect life or health or to enable transfer to a hospital, including, but not limited to, cardiopulmonary resuscitation (CPR) and any other life-sustaining treatment.

To obtain a copy of "Advance Care Planning Guide-New Hampshire Directives: Durable Power of Attorney for Healthcare (DPOAH) and Living Will", please call Nashua Ambulatory Surgical Center at (603) 882-0950 or leave a request through our website at www.nascnh.com. You can also visit <https://healthynh.org/initiatives/advance-care-planning/advance-directives/> for more information.